

# THE FIRST LADY

Presented by the UCLA Semel Institute Health Services Research Center & needtheater

## A CHAMBER OPERA

WITH RESILIENCY SYMPOSIUM  
AND SPEAKER SERIES



UCLA Semel Institute West Auditorium

760 Westwood Plaza, Los Angeles, CA 90024

PLEASE RSVP at: [www.thefirstladyopera.com](http://www.thefirstladyopera.com) or [RSVP@thefirstladyopera.com](mailto:RSVP@thefirstladyopera.com)

(must include phone number and names of all people attending)

### **FREE PRE-OPERA SYMPOSIUM: RESILIENCY AND RECOVERY**

Feb. 19, 2010 - 9:00 a.m. 3:00 p.m.

Registration and Continuing Education Information at [www.thefirstladyopera.com](http://www.thefirstladyopera.com)

### **FREE PRE-OPERA TALKS: WOMEN LEADERS OF TODAY**

Feb 21, 26, 27 and Mar 3, 2010 at 6:15 p.m.

Mar 7, 2010 - 1:00 p.m.

RSVP and Information at [www.thefirstladyopera.com](http://www.thefirstladyopera.com) or email:

[RSVP@thefirstladyopera.com](mailto:RSVP@thefirstladyopera.com) or 310.794.3711

### **CONTINUING EDUCATION**

#### **Accreditation Statement:**

**The Institute for Medical Education<sup>SM</sup>** is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

**The Institute for Medical Education<sup>SM</sup>** takes responsibility for the content, quality and scientific integrity of this CME activity.

#### **Credit Designation Statement:**

**The Institute for Medical Education<sup>SM</sup>** designates this educational activity for a maximum of 10 *AMA PRA Category 1 Credit (s)*<sup>TM</sup> (5 credits for the Symposium and 1 credit per pre-performance lecture). Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical education.

### **SYMPOSIUM:**

**Eleanor Roosevelt** was widely admired for her energy and resilience at a time when the nation was facing war and economic and social upheaval.

Today, our nation and the world, continue to face various forms of trauma and social challenges, as well as economic stresses. What strategies can we follow to help develop resilient and productive individuals, families, and communities today? This symposium reviews strategies from science, policy, and the arts to promote resiliency from trauma and disaster and recovery from mental illness.

#### **Friday, February 19, 2010**

**Symposium: Resiliency and Recovery: Science, Arts, and Policy Perspectives**

**Time: 9:00 a.m. – 3:00 p.m. box lunch included**

**Location: UCLA Neuroscience Research Building**

**635 Charles E. Young Drive South**

**Los Angeles, CA 90025**

**FREE**

**FREE**

**FREE**

**FREE**